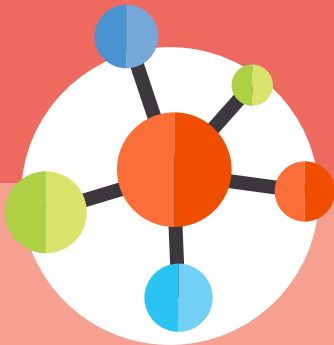


# Boost your Health Esteem with Watermelon

[www.watermelon.org](http://www.watermelon.org)

A single serving of 2 cups of diced watermelon is packed with nutrients to support your health esteem!

VITAMIN A FOR HEALTHY EYES AND SKIN  
VITAMIN B6 FOR NORMAL BRAIN AND NERVE FUNCTION  
VITAMIN C IS AN ANTIOXIDANT THAT BOOSTS IMMUNITY



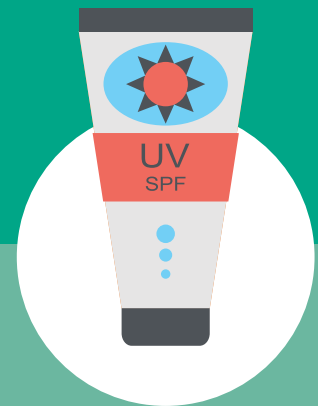
*Vitamins*

92% WATER, WHICH SUPPORTS HYDRATION



*Water*

ANTIOXIDANT LYCOPENE MAY AID IN SUN PROTECTION



*Lycopene*

CONTAINS CITRULLINE AND ARGININE THAT MAY HELP MAINTAIN BLOOD FLOW



*Amino Acids*

CHOLESTEROL-FREE, FAT-FREE, SODIUM-FREE AND ONLY 80 CALORIES PER SERVING



*Healthy*

ANTIOXIDANTS AND HYDRATION MAY AID RECOVERY AFTER EXERCISE



*Performance*